# Enrolment Information Please read carefully before enrolling 2024

#### About us

If you know someone who would love to dance in the Goondiwindi region this is the perfect place. I, Lillian Wadsworth am a registered ballet teacher with the Royal Academy of Dance (RAD RTS, ARAD), Acrobatic Arts Certified Teacher, COMDANCE affiliate member, and have a Bachelor of Fine Arts Dance degree. Our dance academy is also a recognised Ausdance Queensland Endorsed SafeDance™ Studio. We currently offer classes in Jazz, Tap, Contemporary, Acro and RAD Ballet for ages 3yrs+, including a weekly adult Ballet class.

#### **Vision**

My aim for this dance school is to be a place where people of all abilities can come and find a love for dance. No matter if it's dance for a bit of exercise, to learn a new skill or to develop a strong sense of rhythm, expression, technique and poise. My aspiration is for *Lilly's Dance Academy* to be a place for the larger community, with that at the heart of all my intentions.

#### **Term Dates**

Term 1	Monday 22 <sup>nd</sup> January – Saturday 30 <sup>th</sup> March	10weeks
Term 2	Monday 15th April – Saturday 22nd June	10weeks
Term 3	Monday 8th July – Saturday 14th September	10weeks
Term 4	Monday 30th September – Saturday 7th December	10 weeks

All classes will continue as normal during public holidays/ school pupil free days unless otherwise stated.

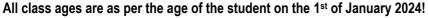
## **Age Limits**

# 3yrs + as of the 1st of January 2024.

All students need to have the maturity level to be able to participate in formal lessons. Before enrolling your child please ask yourself the following questions.

- 1. How does my child feel about performing in front of others?
- 2. Is my child comfortable enough to attend class without me?

For the 4yr old students there is the option to choose either the 3-4yrs classes or the 4-5yrs classes. **Students who are 4yrs old that have either never danced before or are born in the first half of the year are strongly encouraged to choose the 3-4yrs class instead of the 4-5yrs class.** 



Eg. If the child is only 7yrs old on the 1st of January 2024 they would go into the 6-7yrs class. No matter if the child turned 8yrs old later on in the year. They would still be in the 6-7yrs class and not the 8-9yrs class. This rule may only be changed on a student per student basis or if the student has successfully completed the dance examination for the previous grade in that dance genre.

#### Proposed timetable

Most classes are 55mins in length with the exception of the 3-5yrs classes which are 30mins in length, private lessons and morning classes which are 1 hour and the new 45min stretch and strength classes. All classes will be held at the new location at 137 Marshall St, Goondiwindi. Look for the pink doors down the main St.



Morning Classes						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Intermediate RAD Ballet (#1) 1hr	Grade 5 RAD Ballet #1) 1hr	Intermediate Foundation/ Intermediate RAD Ballet (#2)	Level 5 Acro 1hr	Intermediate Foundation RAD Ballet 1hr		
7:00am-8:00am	7:00am-8:00am	1hr 7:00am-8:00am	7:00am-8:00am	7:00am-8:00am		
					Level 4 Acro 55mins	
					8am-8:55am	
					Level 3 Acro 55mins	
					8:55am-9:50am	
					Level 2 Acro 55mins	
					9:50am-10:45am	
					Level 1/Primary	
					Acro 55mins	
					10:45am-11:40am	

		Afternoo	n Classes		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>4-5yrs Ballet</b> 30mins	3-4yrs Ballet 30mins	6-7yrs	Grade 4 RAD	Grade 1 RAD Ballet	•
3:30pm-4pm	3:30pm-4pm	Contemporary Ballet 55mins 55mins		55mins	
<b>4-5yrs Jazz</b> 30mins	3-4yrs Jazz 30mins	3:30pm-4:25pm	3:30pm-4:25pm	3:30pm-4:25pm	
4:05pm-4:35pm	4:05pm-4:35pm				
6-7yrs/ Junior Tap 55mins	10-12yrs Contemporary 55mins	6-7yrs / Grade 1 Jazz 55mins	Grade 3 RAD Ballet 55mins	Grade 2 RAD Ballet 55mins	
4:35pm-5:30pm	4:35pm-5:30pm	4:25pm-5:20pm	4:25pm-5:20pm	4:25pm-5:20pm	
8-9yrs / Grade 1 Tap 55mins	10-12yrs / Grade 3 Jazz	8-9yrs Contemporary 55mins	13-18yrs Contemporary 55mins	Grade 4 Tap 55mins	
5:30pm-6:25pm	55mins	5:20pm-6:15pm	5:20pm-6:15pm	5:20pm-6:15pm	
, ,	5:30pm-6:25pm	8-9yrs / Grade 2	13-16yrs/ Grade 4		
10-11yrs / Grade 2 Tap 55mins	11-12yrs/ Grade 3 Tap 55mins	Jazz 55mins	Jazz 55mins	Adult Ballet 1hr	
		6:15pm- 7:10pm	6:15pm-7:10pm	6:15pm-7:15pm	
6:25pm-7:20pm	6:25pm- 7:20pm			' '	

	16-18yrs/ Grade 5 Jazz 1hr (15mins of crossover time with Grade 4 Jazz	
	for group dances)	
	6:55pm-8:00pm	

# 2<sup>nd</sup> Studio room/ Warmup space

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Junior Strength and Stretch 6-9yrs 45mins	Senior Strength and Stretch 10yrs + 45mins				
3:45pm-4:30pm	3:45pm-4:30pm				

### New studio space

All classes will now be held at our new studio space located at 137 Marshall St, Goondiwindi. As our new location is located in the middle of town, I would ask parents of our younger students to please utilize the waiting area space at the front of the studio as a safe space to walk their students into class and collect them from after class to ensure their safety.

Our new space will also include a uniform shop where you can purchase your dance uniforms for class and make payments towards terms fees and other costs. The uniform shop will only be open for a few hours each week to start with. Please see times below.

Monday 3pm-3:45pm Tuesday 3pm-3:45pm Wednesday 3-4pm Thursday 3-4pm

I want to make sure our new space is available to everyone and can be something the community can use. If you would like to hire the space for practices, events or any other purpose please get in touch and I am more than happy to talk through some options.

#### Fees

Classes are paid per term and correspond with the QLD state school terms. Fees are to be paid at the start of each term for the entire term. Invoices will be sent out during the first week of classes and are to be paid by the end of the 2<sup>nd</sup> week of classes. **If fees are not paid by the due date your child will not be able to participate in classes or subsequently no longer be eligible to attend.** 

# Fees for 6yrs-18yrs Jazz, Tap, Contemporary, RAD Ballet & Acro classes (Including GST)

1x class per week = \$16.50 2x classes per week = \$32 3x classes per week = \$46.50 4x classes per week = \$60

#### Fees for all other classes (Including GST)

3-5yrs (30min lesson) = \$8.20per class Stretch and Strength (45mins) = \$10 per class Adult Ballet (1hr) = \$10 per class Private lessons (1hr) = \$42 per class on weekdays = \$60 per class on weekends Please note, that if you sign up for a certain period of weeks, it is expected that you attend for that many weeks of classes to be fair to all students. I do not give out refunds for missed classes.

#### Additional Fees/Costs

#### Concert fee

\$22 non-refundable concert fee per student that will be issued in term 4 for all students wishing to participate in the end of year concert. This is an additional cost for the rehearsal week of classes for all students involved.

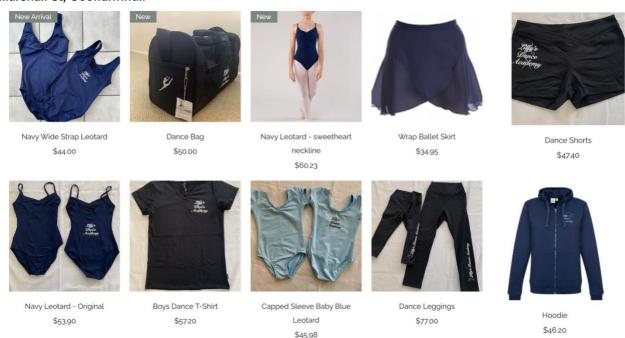
# Costume Costs

Costume costs for the year will be split between term 2 & 3 invoices. At the end of term 1 all students will be invoiced for a one-time \$50 non-refundable costume deposit for the purchasing of costumes over the school holidays (Easter & June/July). This deposit will be taken off the term 2/3 invoices which will include any costumes worn at the Eisteddfod and End of Year Dance Concert. If the term 1 costume deposit is not paid by the due date, please expect that no costume will be purchased, and your child will then have a high chance of missing out on a costume all together. Most of the costumes purchased come from overseas and stock levels are not always guaranteed.

#### **Attire**

- All students must present themselves in a neat and tidy manner that is suitable for dance classes and follows our below requirements for each class.
- No jewellery or watches are to be worn at class except small stud earrings. You wouldn't want it to be broken, lost or cause someone else an injury.
- Hair should be neatly tied back away from your face. Preferably in a bun for all classes.

Lilly's Dance Academy branded dance wear is available to purchase for all age groups and is suitable to wear to all classes. The current available options are listed below with our Navy Blue leotard and skirts for all 6yrs + students and Baby Blue leotards and skirts for 3-5yrs students. Dance shorts, leggings and boys dance wear is available for all age groups. See our website for more details or come in and see us at our new location, 137 Marshall St, Goondiwindi.



All students are encouraged to wear their Lilly's Dance Academy branded dance uniform but if you would not like to purchase a uniform, students are to follow the below requirements for classes.

Girls		Boys		
Jazz & Tap	Any colour leotard with tig	hts and bike pants or	0	Tight fitting clothing, preferably
Classes	leggings. No crop tops.			plain black, white or navy t-shirt
	Camel/Tan Coloured Jazz sl	noes		with navy or black shorts or Jazz
				dance pants.

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	0	Camel/ Tan Coloured Tap shoes with 3/4 inch heel for 6-	0	Black Lace up Tap shoes
		7yrs and 8-9yrs Students. No laces.	0	Camel/Tan Coloured Jazz shoes
	0	Black tap shoes for 11yrs + students (Grade 3 +), a higher		
		heel height of 1.5 inches may be worn		
Contemporary	0	Any colour leotard with tights and bike pants or	0	Tight fitting clothing, preferably
		leggings. No crop tops are to be worn.		plain black, white or navy t-shirt
	0	A chiffon skirt may be worn.		with navy or black shorts or Jazz
	0	Toe thongs/foot gloves/lyrical turner for all contemporary		dance pants.
		classes	0	Toe thongs/foot gloves/lyrical turner.
Ballet classes	0	Any coloured leotard	0	White fitted t-shirt
	0	Ballet/ flesh pink tights (must be worn)	0	Blue or black tights or shorts,
	0	Pink leather ballet flats (Intermediate foundation students	0	White socks and white leather ballet
		and above may wear canvas shoes)		flats.
	0	Chiffon ballet skirt is optional	0	Lace up Character shoes are also
	0	Character shoes and skirt are also required for graded		required for graded classes.
		classes.		
	0	Intermediate Foundation students may also require pointe		
		shoes. These shoes are to be discussed with Miss Lilly		
		before purchase. Students may also be encouraged to see		
		a local Physiotherapist before purchasing pointe shoes to		
		ensure the student has a suitable level of flexibility and		
		strength to dance on pointe safely.		
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4 0/	0	Hair must be worn in a bun.		F''' 1 ( 1 ) ( 1 ) ( 1 ) ( 1 )
Acro Classes	0	Any coloured leotard,	0	Fitted t-shirt preferably white, black
	0	Bike pants or leggings		or navy
	0	Bare Feet	0	Blue or black tights or shorts
	0	Hair must be worn in a bun.	0	Bare Feet

#### **RAD Ballet Classes**

The RAD ballet classes are based on a student's level of technique, ballet knowledge and understanding.
 Below is a minimum age list for RAD Ballet Classes but please talk to me directly if you are unsure which class your student should be enrolled into.

- o Grade 1 RAD Ballet 6 years but minimum of 7 years to sit an exam
- o Grade 2 RAD Ballet 8 years
- o Grade 3 RAD Ballet 9 years
- o Grade 4 RAD Ballet 10 years
- Grade 5 RAD Ballet 11 years
- Intermediate Foundation and above 12+ (please talk to me directly to work out which class would best suit your child)
- This year I will be encouraging all RAD Ballet students to sit a RAD ballet examination or sit a class award. If you would like your child to sit an exam or would like any more information, please talk to me directly at the start of the year.

# Comdance Jazz & Tap Exams

Like our RAD Ballet exams, our Jazz and Tap students will learn the Comdance Tap & Jazz syllabus work in their normal classes and will have the opportunity to sit their dance exams (previously CSTD) for Jazz and Tap if their knowledge and technique is secure. Comdance exams will be held around September for students wanting to demonstrate their knowledge and ability. Dance examinations and these set syllabuses not only provide a structured learning experience but are designed to encourage, motivate and reward students of all ages and abilities.

#### Acro Classes

"AcroDance is the beautiful fusion of the artistic motion of dance and the athleticism of acrobatics. Acrodance is not the same as gymnastics. An AcroDancer must complete all the skills on the hard stage without the advantage of a sprung floor, while seamlessly integrating musicality, emotional expression, extension, control and line." (Acrobatic Arts Inc, 2019)

 Our Acro classes follow the Acrobatic Arts Syllabus and our levels are based on a student's level of technique, strength and flexibility. If you child would like to join an acro class, please contact me to discuss which level would be appropriate in consideration of prior knowledge. Most students despite their age will begin in level 1.

• Students who wish to participate in an Acro class must attend at least one other dance class a week.

This is following the Acrobatic Arts guidelines to ensure students can adequately cover the additional skills required in acrobatic routines that are not covered in the acrobatics syllabus. These skills include, "Turns, kicks and jumps... musicality, timing, emotional expression, connection to the audience and artistry" (Acrobatic Arts Inc. 2019)

- To maintain a safe dance environment and to align with the Acrobatic Arts national guidelines; **these classes will be capped at 10students per class**. Additional classes may be added to the timetable if there is sufficient interest.
- I am hopeful this year with enough students interested, we may be able to introduce Acro exams in August. These will be run in a similar setting to our RAD and Comdance exams.

# Junior & Senior Stretch and Strength

This year I will be introducing a Junior and Senior Stretch and Strength class to our timetable that will be run in our warmup room. This class will focus on flexibility, strength and conditioning exercises to help our dancers improve in their dance classes. Not only do I think this additional class will benefit our students in achieving their dance goals but this will also help reduce the risk of injury. As our warmup room is smaller, **these classes will be capped at 10 students per class**. Additional classes will be added to the timetable if there is enough interest.

These classes will be run by local talent, and recently graduated Miss Jasmine Marsh. Miss Jasi, as the students call her, has been an assistant teacher in many of our regular dance classes including Tap, Jazz, Ballet and Contemporary throughout 2022 and 2023. She has also danced with our studio for the past 4years, studying Classical Ballet, Contemporary and most recently has found a love for Tap. Our students have come to love having Miss Jasi assist them in their classes and I am looking forward to what she can do for them in this new class. Like all our teachers, Miss Jasi holds a current Bluecard, First Aid and CPR certification.



#### Goondiwindi Eisteddfod

- 2024 Goondiwindi Apex Eisteddfod is on the 5th -10th of August.
- I plan on entering each age group except the 3-5 years students, into the Eisteddfod for each style that they learn (one dance per class).
- Private lessons are available upon request for students wishing to perform a solo, duo of trio.
- Students who learn solos/ duos for this eisteddfod may also use their dances in other eisteddfod events through the region. Large groups will only compete at the Goondiwindi Apex eisteddfod at this stage.

#### **Private Lessons**

Availability for private lessons will be known after enrolments have been confirmed and the timetable has been finalised. Private lessons are \$42 per class on weekdays and \$60 per class on weekends.

- If you are interested in your student doing a solo, duo or trio at the Goondiwindi Eisteddfod and would like private lesson for this purpose please include this information in your enrolment form. Private lesson for the
- Eisteddfod will commence in term 2. It takes me roughly 4 x 1hr lessons to teach a dance for the Eisteddfod.
- Private lessons are also available throughout the year for those students who would like some extra 1 on 1 support.



Location: Goondiwindi Cultural Centre



- Date: Saturday the 23<sup>rd</sup> of November 2024
- Concert Rehearsals: Concert rehearsal will be held at the Cultural Centre. Students are to miss no more than one rehearsal.
  - Sunday 17<sup>th</sup> of November: 9am -1pm Full dress rehearsal
  - o Monday 18th of November: afternoon (class times to come)
  - Tuesday 19<sup>th</sup> of November: afternoon (class times to come)
  - Wednesday 20<sup>th</sup> of November: afternoon (class times to come)
  - Thursday 21st of November: 4pm 7:30pm Full Rehearsal
  - Friday 22<sup>nd</sup> of November: 4pm 7pm Full Dress rehearsal
- The end of year dance concert will be filmed with concert USB's available to purchase via pre order. Orders to be placed in term 4.



# Parent viewing week

During the last week of classes at the end of each term parents are invited to come and watch to see the progress your child has made. **During normal** 

classes throughout the school term, I ask that parents and guardians stay outside and not watch from the windows where they can be seen.

#### **Contact Details**

If you ever have any questions, complaints or concerns please contact me directly by one of these methods (email is the best). I try to not discuss such matters with parents during class times as this is your students time to learn and shouldn't be wasted. I am more than happy to talk with you outside of class times.

Lillian Wadsworth

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Ph: 0474 182 187

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GLOBAL COMMUNITY OF DANCE





